

NAVINA CLASSIC
SECURING
INDEPENDENCE

An intuitive and convenient
Transanal Irrigation (TAI) system.

Navina™ Classic



Navina Classic – for intuitive and convenient Transanal Irrigation (TAI)

TAI with Navina Classic can help patients securing independence. Transanal irrigation is a well-established therapy that prevents constipation and faecal incontinence, achieving predictable bowel movements.

Navina™ Systems, including Navina™ Smart and Navina™ Classic, offer comprehensive solutions to enable the best choice for your patients' individual needs. Navina Classic has been designed with ease of use in mind, both for those who teach and those who use the System. It is manually controlled giving the user control of the procedure.

The aim of TAI is to improve symptoms and re-establish control of the bowel function.¹ Out of 17 studies and 1229 patients, TAI therapy was considered successful in a majority of patients/cases. Success rate varied in patient groups with the following symptoms; constipation 45%, fecal incontinence 47%, and mixed symptoms 59%.² When TAI was compared to non-irrigation conservative bowel care, patients using TAI had:^{3,4,5}

- Improved symptom-related quality of life
- Fewer complaints of constipation
- Less fecal incontinence
- Reduced time spent on bowel management procedures

Encourage the patient

TAI treatment is very individual and it is important to allow time for your patient to get used to it. Follow-up is considered essential to achieve an optimal result and long-term adherence of TAI.⁶

The aim of follow-up, is to identify optimal performance and outcomes the irrigation. If your patient reports specific problems or symptoms, or if the results were not as expected or treatment results need improving you will be able to adapt the regime for the patient. Supporting the patient during this initiation/start-up phase - will help secure independence or will help with securing independence.



Navina Classic

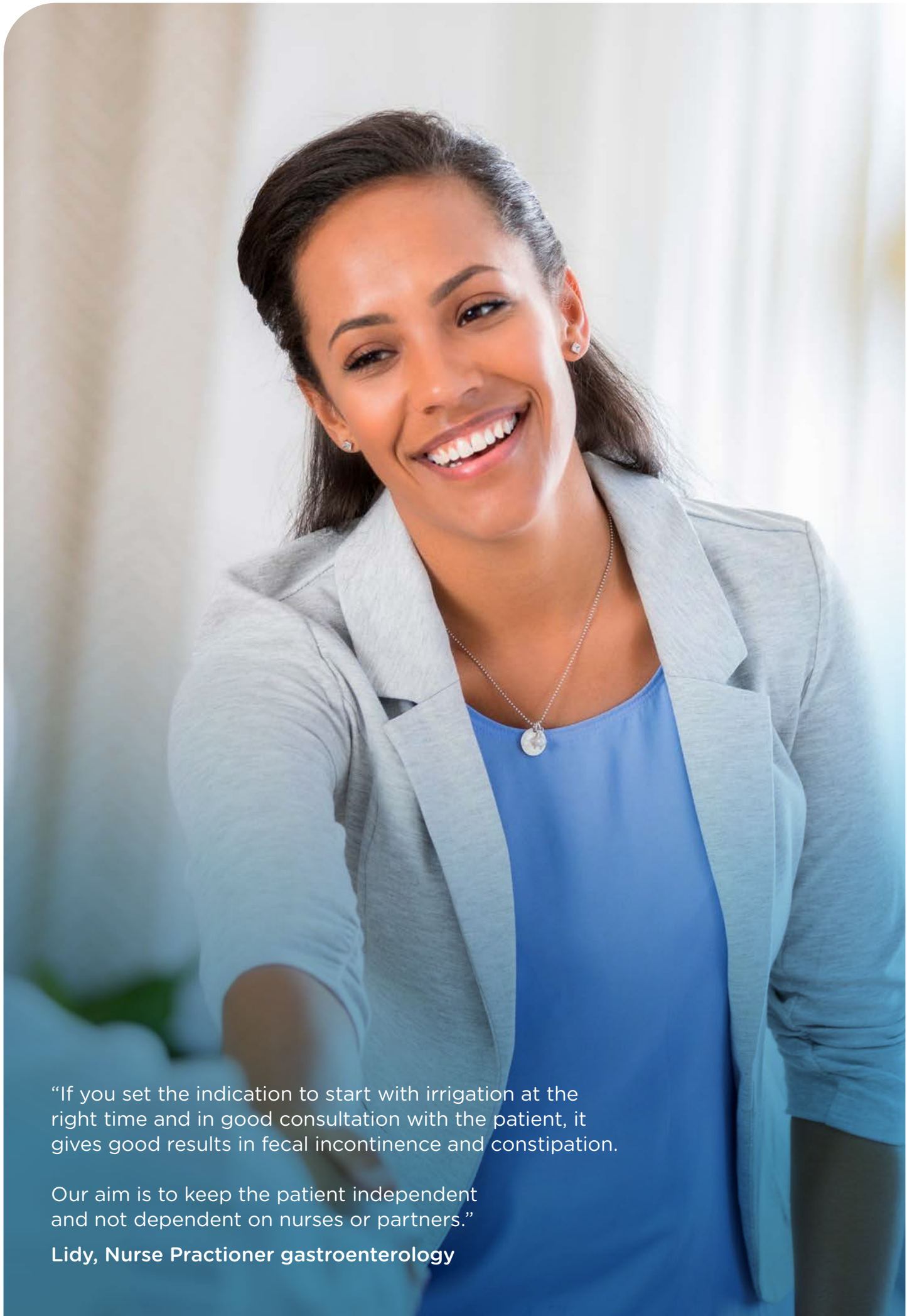
Navina Classic has been designed with the user in mind, to be a reliable, convenient system for long-term bowel management. Continuous use of TAI develops regular bowel routines and provides more independence for patients. The manual device, with its large and color-coded controls is designed to be intuitive.

Navina Classic presents

- Easy teaching
- Easy pumping
- An intuitive manual control unit
- Color-coded water and air inflation pumps
- A water container that could be either placed on the floor or hang up by a handle
- Convenient to use while travelling

Navina Interchangeable Systems

When using Transanal Irrigation (TAI) with Navina Systems it is possible to use the same device with small, regular or cone rectal catheters.



“If you set the indication to start with irrigation at the right time and in good consultation with the patient, it gives good results in fecal incontinence and constipation.

Our aim is to keep the patient independent and not dependent on nurses or partners.”

Lidy, Nurse Practitioner gastroenterology

Intended use

Navina Systems is intended for Transanal Irrigation by instilling water up into the lower part of the colon through a rectal catheter.

Indications

The Navina Systems is indicated to help adults and children from 3 years who suffer from faecal incontinence, chronic constipation, and/or time consuming bowel management. By instilling water up into the lower part of the colon, the peristaltic muscles in the bowel can be triggered and start to evacuate the content of the lower colon and rectum.

Contraindications

Do NOT use Navina Systems if you have one or more of the following:

- Known anal or colorectal stenosis
- Active inflammatory bowel disease
- Acute diverticulitis
- Colorectal cancer
- Ischemic colitis
- You are within three months of anal or colorectal surgery
- You are within 4 weeks of previous endoscopic polypectomy

As the list may not be exhaustive, healthcare professionals will always consider individual user factors as well. Before use see Instructions for Use.

References

1. Emmanuel. Spinal Cord. 2010. 48(9): p. 664-673
2. Christensen and Krogh. Scand J Gastroenterol. 2010. 45: p. 517-527
3. Christensen et al. Gastroenterology. 2006. 131(3): p. 738-747
4. Del Popolo et al. Spinal Cord. 2008. 46: p. 517-522
5. Christensen et al. J Spinal Cord Med. 2008. 31(5): p. 560-567
6. Emmanuel et al. Spinal Cord. 2013. 51(10): p. 732-738

At Wellspect we develop innovative continence care solutions that change people's lives. We are committed to inspire our users to build self-confidence and independence as well as good health and well-being. We have been leading the industry for over 30 years with our product brands LoFric® and Navina™. We create reliable and user-friendly products for bladder and bowel management with as little environmental impact as possible. We passionately strive to become climate neutral and work closely together with users and healthcare professionals who constantly inspire us to improve our products and services in a sustainable way, now and for the future.

Wellspect. A Real Difference.

For more information about our products and our initiative Advancing Continence Care Together (ACCT), please visit [Wellspect.com](https://www.wellspect.com).

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